



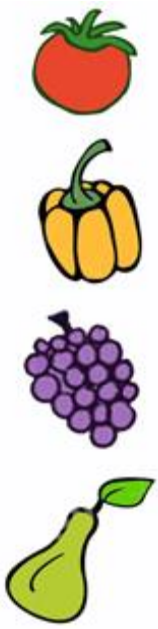


Oranges & Lemons

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
   	Morning Snack Oatcakes with grated cheese and fruit. Bananas & pears.	Wholemeal toast & beans. Grapes & oranges.	Rice Crispies with milk. Fruit platter.	Crackers served with soft cheese. Bananas, pears & cucumber.	Selection of cereal. Fruit Platter.
	Lunch Sausage and bean casserole with sweet potato and a medley of vegetables.	Tomato and cheese pasta served with sweetcorn.	Vegetable and lentil soup with a selection of mixed, filled rolls.	Steak pie with mashed potato, carrots and peas.	Fish pie served with a medley of vegetables.
	Pudding Custard and bananas.	Rice pudding with puréed apple.	Sliced melon.	Natural yogurt with mandarins.	Homemade apple pastries.
	Afternoon Snack Pitta bread with selection of fillings. Melon.	Homemade pancakes with spreads. Fruit platter.	Carrot and apple muffins. Bananas & pears.	Melba toast with grated cheese. Plums, carrots and cucumber sticks.	Banana loaf. Fruit Platter.



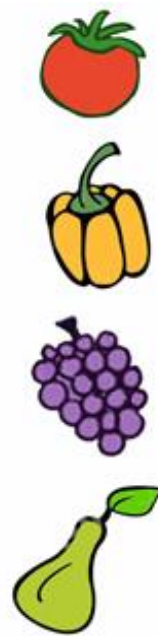
*All of our menus adhere to current Setting the Table Guidelines which you can see [here](#)





Oranges & Lemons

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Weetabix with milk. Banana.	Fluffy scrambles eggs & melba toast. Banana & apples.	Oatcakes with spread. Carrots & cucumber sticks.	Wholemeal toast with sliced cheese & ham. Grapes.	Selection of cereal. Fresh fruit platter.
Lunch	Homemade fish goujons & potato wedges served with peas.	Sweet potato & carrot soup served with a selection of filled sandwiches.	Chicken in a creamy white sauce with noodles, broccoli & carrots.	Baked potato with tuna, beans & cheese served with fresh salad.	Macaroni cheese served with sweetcorn, crusty bread & butter.
Pudding	Custard & pears.	Natural yogurt & pineapple.	Banana Loaf.	Oaty fruit crumble & custard.	Fresh fruit cocktail.
Afternoon Snack	Delicious cheese scones with spreads. Apples & grapes.	Fresh bagel with spreads. Fruit platter.	Homemade vegetable rolls. Grapes.	Breadsticks, cheese cubes, cherry tomatoes & houmous. Banana.	Homemade pancakes with spreads. Fresh pineapple & melon.



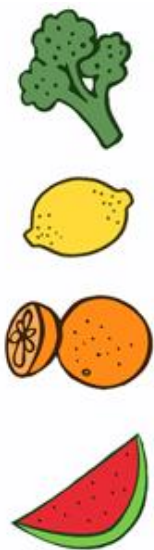
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Oranges & Lemons

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Rice cakes with spreads. Grapes.	Toasted muffins with spreads. Banana, carrot & cucumber sticks.	Weetabix with milk. Bananas.	Oatcakes with spreads & grated cheese. Fruit platter.	Toasted crumpets with spread.
Lunch	Homemade lentil soup served with a selection of filled sandwiches.	Butcher sausages & mashed potato served with peas & carrots.	Homemade fish cakes with oven baked potatoes & broccoli.	Homemade chicken curry & fluffy wholemeal rice served with mixed vegetables & naan bread.	Herby tomato pasta served with sweetcorn, bagels, butter and grated cheese.
Pudding	Natural yogurt & apples.	Sliced melon.	Custard and apple sponge.	Carrot & pineapple muffin.	Rice pudding and puréed apples.
Afternoon Snack	Crackers with ham or grated cheese. Carrots & cucumber sticks.	Tortilla wraps with various fillings. Fruit platter.	Homemade banana loaf. Oranges & melon.	Natural yogurt and puréed apples. Fruit platter.	Mixed selection of filled sandwiches. Banana & pears.



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Oranges & Lemons

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Fresh bagels with spreads. Fruit platter.	Oatcakes with spreads. Bananas.	Selection of cereals. Plums & banans.	Fluffy scrambles egg with melba toast. Fruit platter.	Toasted muffins with spread. Grapes.
Lunch	Chicken & leek with noodles & mixed vegetables.	Spaghetti bolognaise served with garlic bread & carrots.	Sweet potato & butternut squash soup served with a selection of filled sandwiches.	Homemade beef burger, mashed potato & peas.	Fish pie in a creamy sauce served with sweet potato & sweetcorn.
Pudding	Oaty fruit crumble & custard.	Natural yogurt & melon cubes.	Carrot & pineapple muffin.	Fresh fruit jelly.	Custard & banana loaf.
Afternoon Snack	Cheese cubes, breadsticks & homemade dip. Carrots & cucumber sticks.	Homemade apple & cinnamon scones with spread. Fruit platter.	Pitta bread served with a variety of fillings. Banana & pears.	Homemade vegetable rolls. Cherry tomatoes & carrot sticks.	Crackers with grated cheese or ham. Fruit platter.

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