

# Oranges

# & lemons



## Our Nursery



Oranges and Lemons Clement Park opened in 1998 and is now a well-established nursery in Dundee. We provide quality childcare for children from birth to 5 years of age to learn, play and develop. We are open Monday – Friday from 7am – 6pm and registered to care for up to 51 children. Our nursery is located in the Lochee area of the city and can be easily accessed via the Kingsway. We also have close links to public transport, making us a perfect option for commuters.

## Our Childcare Approach

Oranges & Lemons Clement Park provides stimulating and inspiring childcare aiming to encourage the development of children through play, interaction, creativity, physical activity and a warm and nurturing environment.

We are passionate about quality Early Years Care and Education and recognise the importance of each child's self-development. We believe that children learn through play, example, interaction and teaching. These four concepts form the core of our ethos and through them we strive to expand your child's development.

We help every child in every aspect of their growth and achieve this through praise, guidance and encouragement. Children will develop manners, learn to be kind, share, and respect others, as well as being stimulated creatively and mentally through our child-led activities. Our child-led activities allow our children to flourish into independent and confident individuals. Above all, we strive to provide a secure and friendly environment which will make you completely relaxed and at ease when leaving your child in our care.

## Starting at nursery

We provide complimentary settling in sessions which gives you and your child time to get familiar with our nursery. Once your child starts with us, they will be assigned a designated key worker. Your child's key worker will be responsible for monitoring your child's development and will be your first point of contact at nursery. Your child's key worker will always be available to discuss your child's progress.



## Settling in Sessions



Your child will be settled into our nursery gradually. Firstly spending one hour, building up to a half-day session and then staying for lunch. This phasing in allows your child to become familiar with our nursery surroundings and staff. These settling in sessions usually last a week, but this is dependent on each individual child. We understand that every child's different and our aim is to make these sessions as flexible and comforting as possible to guarantee that both you and your child are well adjusted to our surroundings.

Parent visits are encouraged whilst your child is gradually settled into nursery so please feel free to do drop in any time to see how your child is doing, even if they are no longer in their settling in phase.



## Our Team

Here at Clement Park we have a long standing staff team who are passionate, innovative, dedicated and committed to delivering the highest standard of care for young children. Our team are focused on making every child's day enjoyable by providing a range of curriculum based learning activities catered to each age group.

## Our Manager

Our Manager has a professional qualification in childcare and years of experience working with children of all ages. As the nursery's manager she ensures her staff team are able to provide a secure family environment where you can feel relaxed and confident in the knowledge that your child is being cared for by an enthusiastic and dedicated team within a safe home-away-from-home environment.

## Environmental Commitment



We are committed to being an environmentally friendly nursery, making changes wherever we can in order to make the world a cleaner place! We are a registered ECO-Nursery and are committed to teach our children about their environment and the effect we have on it in our day to day lives. Our children are passionate recyclers and love nothing more than an afternoon caring for their garden. We always consider environmental implication when planning activities for our children. We will continue in our green approach to develop strong environmental awareness within our children, helping their little green fingers to care for the world for many years!

## Awards & Accolades

Our commitment to being a leading independent provider of Early Years Care and Education, has led us to being the proud recipients of many impressive awards, including: NMT Nursery Group Award 2018, Day Nurseries Top 20 Recommended Nursery Group 2019 and Recognised Investors in Young People Organisation



"My son has been in this nursery since he was 6 months old. He finally finishes up this year as he starts school after the holidays. Through the years my son has grown into the smart, outgoing and well-mannered boy he is today, and I believe that the staff and structure the nursery provides is a key element. The staff love him and he feels the same, so much he didn't want to start school. I would say that anyone thinking of bringing their child to this nursery is going to be so happy with their child and results come the end of their time too. - **Oranges & Lemons Parent**

## Our Rooms

Our playrooms are generously proportioned, carefully planned and extensively resourced to create inspiring learning environments in which children can grow and learn with confidence. Each playroom has access to outdoor play areas, offering the opportunity for regular outdoor learning opportunities across all areas of the curriculum. A set of development records are held for each child in the nursery. These are available for viewing at all times and are continuously updated with pictures and observations made on your child's progress. Access to your child's records are available whenever you want so you don't miss out on anything.

### Baby Room (0-2 years)



Our baby room is registered for up to 12 children from birth to 2 year of age. We have highly experienced staff whose priority is to mirror the home routine of each baby as closely as possible. This room is bright and welcoming and provides a suitable learning environment for our children. We have soft, calm areas for our younger children to build on their gross motor skills right through to a construction area for our older children to develop their fine motor skills. We ask parents to supply their own nappies and milk to ensure continuity between home and nursery, however we do provide wipes for you. We provide a variety of stimulating activities in order to promote your baby's all-round development and update a daily diary to give you an insight to what activities your child has been up to. Our babies enjoy activities such as sensory play, fun with music, water play, free play and much more. We are a breast feeding friendly nursery, with staff trained in breast milk storage. We encourage and welcome you to visit during the day to feed your child whenever necessary.

### Toddler Rooms (2-3 years)

We care for up to 15 children in our Toddler Room and have three adjoining areas for our children to explore. We have a quiet/calm area which allows children to slow down and enjoy sensory activities such as role play and story time, a play area where children lead the direction of play and a messy activities area, which includes water and sand play. We find these activities allow children to express their creativity, encourages children to explore and develop their senses, and can even help develop language skills. We will also introduce early numeracy and literacy skills and activities designed to develop your child's communication skills. We understand that every child has their own learning pace and we are here to support their individual development.



### 3-5's Room

Oranges & Lemons nursery is recognised as an early learning and childcare centre by the Education Department. Our open plan room has various spaces for our children to explore, including a role play area, construction zone, messy play, small world, writing area, IT area and a cosy reading area. We believe your child's development between the ages of 3 to 5 years is crucial in forming your child's core development. We pride ourselves on ensuring that when children leave our nursery to move on to school they do so confidently and independently, taking with them the enjoyment of learning and a pride in their achievements. We would strive for your child to be able to have the following skills when leaving the nursery: recognising and writing their own name, demonstrating good observational skills, showing preliminary ready skills, able to confidently control a pencil, showing creative skills and knowledge of numbers.



## Outdoor Play

We love to get outside here at Oranges & Lemons! Being active is, and should be, a big part of life and is a core element of our nursery ethos. Here at Clement Park we make the most of our wonderful outdoor space by getting our children outside every day. We benefit from having access to two decent sized gardens and we like to encourage as much outdoor learning as possible in these beautiful, outdoor zones. We also enjoy walks in the local area. Our youngest children are often seen out in our triple buggies enjoying the fresh air, sights and sounds of the local community. We use Walkodile Child Safety Systems and high visibility vests to keep children safe when out on trips away from the nursery.



We believe there is no such thing as bad weather, only inappropriate clothing - so we ask parents to provide their children with appropriate clothing for all types of weather, from wellington boots to sunglasses!

## Our Menu



Our nutritionally balanced menus ensure our children are raring to go every day! Children are offered a range of delicious, nutritious meals and snacks. Our wholesome and nourishing menus are expertly designed to give your little one the very best start in life.

The meals we provide are all home-cooked within our nursery by our experienced on site nursery chef - Aileen. Our chef has carefully created a 4 week rolling menu and ensures a healthy well balanced diet for all children. Whenever possible we try to source all our food locally and organically, including seasonal vegetables and fruit grown in our very own garden. We believe that by providing our children with nutritional food bursting with fresh fruit and vegetables is a necessity in each child's physical and mental well-being.



## Dietary Requirements

Our menus change every 4 weeks, in line with the availability of seasonal produce. We have a flexible approach and are happy to cater for a range of special dietary, medical, religious or cultural requirements.

We ask our parents to bring in formula milk for babies, in accordance with current guidelines. These will be made up as required and stored safely in accordance with manufacturer's suggestions. Our staff have all been fully trained in Food Hygiene and are passionate about teaching children the importance of good hygiene too. We promote washing hands before and after meals and snacks and encourage children to help serve their own food and clean their teeth after meals.

Above all, we believe that meal times should be a happy, relaxed time where children learn social skills, manners, good hygiene practise and healthy eating habits to last them a lifetime.

All of our delicious food is included within our fees! We offer a breakfast, lunch and 2 snacks every day!

## Sessions & Fees

Our nursery is open from 7am - 6pm and cares for children from birth to 5 years of age. Full/Part time sessions available and 3-5 year old funding is available. We are open all year round with the exception of Christmas and New Year. We have now Introduced a £30 full day rate for all ages, 0-5 years as well as £150 for a full week! We also offer early drop-off and late pick-up at an additional cost.

## What's Included?

- Quality Early Years Care and Education
- Quality resources and equipment
- Freshly made, healthy meals and snacks
- Celebration of festivals throughout the year
- Regular outings in the local area
- Graduation Ceremony when ready to move on to primary school
- Monthly newsletters and regular parents evenings
- Christmas Nativity Show
- E-learning journals and tablets

## Extras & Discounts

- Sibling discount 10%\*
- Access to an educational psychologist through the council
- Nursery Uniforms available



*\*Terms & Conditions apply*



## Keeping in touch

In recognition that education begins in the home, we are fully committed to a partnership approach with parents. The needs of each child are discussed in full, prior to admission and on an ongoing basis.

We are keen to keep parents as involved as possible during their child's time in nursery. Each day's activities are tracked to ensure that parents are encouraged to discuss their child's day with their key worker and individual records are available at all times for parents to view. We also hold regular parent evenings to keep our parents in the loop!

## Social Media

We use social media to keep our parents up to date with upcoming events and offers available. We also believe it is a great and convenient way for us to receive your feedback and suggestions. Our Facebook page is for parents only but please feel free to visit our parent group's social media sites for any news or updates;

-  @clementpark.nursery
-  @BertramNG
-  @thebertramnurserygroup

## The Care Inspectorate

We are regulated by The Care Inspectorate and by Environmental Health Services to help us maintain the highest possible standards within our nursery. Should you wish for any further information please do not hesitate to contact them on 0845 600 9527.



We are proud of our regulatory reports and these are available for you to view within our nursery and on our website.

## Visit Us!

If you haven't already done so, we recommend you come for a unique viewing of our nursery to see all of our fantastic facilities for yourself! We can arrange a personal showround during any weekday, and will be as flexible as we can to fit around your family's needs.

If you would like to book your nursery visit or require more information please contact us on 01382 611 361 (select option 2) or email us at [orangesandlemons@bertramuk.com](mailto:orangesandlemons@bertramuk.com)

"This is one of the best places for children. The staff are lovely and we feel like one big family. They encourage children to play and develop very well. The hygiene is kept at the highest standard. Management are very helpful and lovely. The nursery manager is a lovely person who sorts out everything and nothing is impossible for her."

- Oranges & Lemons Parent





# Oranges & Lemons Nursery Clement Park

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